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BOSTON INVITATIONAL

By Jason Claffey, Globe Correspondent | October 1, 2006

The Lincoln-Sudbury girls cross country team won another big invitational this past Saturday, taking the Division 1 title in the Boston Invitational at Franklin Park.

The Warriors were without their top runner, Dana Jamieson, who suffered an ankle sprain late in the week, and were breaking in two new runners to the varsity team, Jen Gossels and freshman Holly Clark.

The team rose to the challenge as Gossels and Clark (20:23) both came through setting PR's for the distance, out the scoring for the winners were Rachel Potter and Molly Binder.

The L-S team is without question one of the deepest squads in Massachusetts and showed that depth by sweeping the junior varsity event with a perfect score of 15, as the young Warriors took six of the first seven places.

Jess Griffin led the sweep, followed closely by Lindsay Ryan, Olivia Reed, Stephanie Zeytoonian, Ellie Hylton, and Christine Duggan. Strong times were also submitted by Lauren Hardardt, Michelle Saint, and Krysten Muldoon as they finished in the top 20 out of over 300 JV runners. Tasha Block stood out in the freshmen race, coming in sixth out of over 180 runners.

On Wednesday, September 27, a team of MacNeill, Gossels, Clark, Zeytoonian, Danielle Sackstein, Ellie Hylton, and Ryan competed in a dual meet against Bedford and Boston Latin. The Warriors swept both contests by perfect 15-50 scores. In the girls' team results, Natick finished eighth while Lincoln-Sudbury proved its No. 1 ranking by the Massachusetts State Track Coaches' Association by finishing first.

The Warriors were without their top runner, Dana Jamieson, who rolled her ankle and was scratched minutes before the varsity race began. Coach Chris Tarello asked freshman Holly Clark, who had never run in a varsity race and had never run under 21 minutes at Franklin Park, to be Jamieson's replacement. The freshman finished in 20:22 and was one of six L-S runner to finish in the top 40.

"Holly took it like a champ," Tarello said. "I couldn't ask for any more than what she gave."