

Olympic freshmen show their talent

By LIAN SKAF
Courier-Post Staff

PENNSAUKEN

Wednesday was a big day for freshman girls at the Olympic Conference Track and Field Championships at Pennsauken High School.

Washington Township freshman Andrea March won the 400-meter intermediate hurdles in 1 minute, 3.4 seconds and came in third in the American Division of the high hurdles. Cherokee freshman Lisa Burkholder won the 1,600-meter run in 5:12.4. There was no team scoring at the meet.

Both March and Burkholder came into the meet with no expectations and little sense of just how good they really were.

Despite their thin track resumes, they proved that sometimes, pure speed is enough to beat experience.

"You try to keep the pressure off and their confidence up," said Washington Township coach Bruce Burdsall.

Olympic/Winslow Township boys, freshman girls are winners

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nish was that of a veteran.

"I've won in dual meets before, but nothing like this," said March. "I looked around and saw that everyone was so fast. It was kind of scary. But it's so great to win."

Soon after the Minutemaids' anthem pulled off her win, Burkholder did the same.

"I just tried to come in and run behind the fastest girl," said Burkholder. "I didn't think I could win. I usually don't have so much confidence coming in, but when I get on the track it all comes."

Cherokee coach Chris Tarello knew that while his freshman distance runner had the talent, she needed to run her own race to succeed.

"A lot of girls get caught up with times and peoples' names," said Tarello. "I didn't want her to look at those times and know the names. I just wanted her to run."

Varsityextra

■ Joe April, St. Augustine are winners in S.J. Parochial B golf championships.

■ Haddonfield boys' dominate on the track at invitational meet.

■ Bishop Eustace pitcher Nick Iannucci stays poised, earns a win.

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"If they're that fast though, it doesn't really matter. But winning a meet like this can give them all of the confidence in the world."

March started the day by making a rookie mistake. When, in the intermediate hurdles, she was put in a slower heat than she should have been, March simply accepted where the officials placed her.

Knowing that if she ran with runners who had slower seed times she might not

Go to courierpostonline.com/varsity for a photo gallery from this meet.

Winslow Township's dominance on the boys' side of the meet.

The Eagles won eight events including a winning time of 3:17.3 for the team of Anthony and Antraye Miles and Dante and Duan Freeman in the 4x400 relay.

Cherry Hill East's Omar Douglas-Hall had an impressive day as he continued to establish himself as one of the premier sprinters in South Jersey.

Douglas-Hall won the American Division of the 100 dash in 10.9 and finished sixth in the 200 in 22.8.

"I'm always getting better and it feels great running times I want to be running," said Douglas-Hall. "I made the commitment about two years ago and it's really paying off."

Reach Lian Skaf at (856) 486-2424 or lskaf@courierpostonline.com.

Girls

Olympic Conference Meet

National 100-1. Jamillah Nock, Woodrow Wilson, 11.8; 2. Avionne Sloan, Camden, 12.2; 3. Shawana Gray, Camden, 12.3; 4. Alana Loveland, Woodrow Wilson, 12.6; 5. Shareema McCargo, 13.0; 6. Martina Nwoga, Camden Catholic, 13.2.

Patriot 100-1. Dominique Merchant, Winslow Township, 12.2; 2. Jasmine Austin, Timber Creek, 12.6; 3. Shaouana Meloy, Pennsauken, 13.0; 4. Olakiltan Babalola, Pennsauken, 13.1.

American 100-1. Ariel Brockman, Cherokee, 11.8; 2. Brittany Wright, Eastern, 12.2; 3. Robin Barnett, Lenape, 12.4; 4. Deanna Paulson, Washington Township, 12.6; 5. Emily Keller, Cherokee, 12.8; 6. Sharon Heilig, Eastern, 12.8.

200-1. Krystal Canney, Winslow Township, 24.0; 2. Jamillah Nock, Woodrow Wilson, 24.4; 3. Jennifer Jackson, Eastern, 24.4; 4. Ariel Brockman, Cherokee, 24.8; 5. Avionne Sloan, Camden, 25.0; 6. Imani Gilliam, Pennsauken, 25.4.

400-1. Jenelle Wilson, Eastern, 58.5; 2. Avionne Sloan, Camden, 58.7; 3. Shawana Gray, Camden, 59.8; 4. Lauren Fike, Bishop Eustace, 1:01.1; 5. Rachel Jochem, Shawnee, 1:01.5; 6. Emily Keller, Cherokee, 1:02.1.

800-1. Tanesha Pittman, Woodrow Wilson, 2:22.0; 2. Nicole Holt, Camden, 2:22.5; 3. Lauren Walsh, Lenape, 2:24.0; 4. Meghan Baker, Bishop Eustace, 2:25.4; 5. Lindsay Thomas, Winslow Twp., 2:26.0; 6. Danielle Neukirch, Shawnee, 2:27.1.

1,600-1. Lisa Burkholder, Cherokee, 5:12.4; 2. Takesha Carter, Woodrow Wilson, 5:20.4; 3. Robin McDowell, Shawnee, 5:22.7; 4. Lauren Scarpato, Cherry Hill East, 5:25.6; 5. Lindsay Thomas, Winslow Township, 5:29.2; 6. Liz Kessler, Paul VI, 5:32.8.

3,200-1. Malia Lyle, Cherokee, 11:18.2; 2. Katie Van Horn, Triton, 11:19.7; 3. Kim Bonner, Shawnee, 11:38.2; 4. Robin McDowell, Shawnee, 11:44.3; 5. Megan O'Leary, Cherokee, 11:47.6; 6. Dale Barton, Cherry Hill East, 12:52.0.

High hurdles National-1. Jamillah Nock, Woodrow Wilson, 14.0; 2. Stephanie King, Paul VI, 14.7; 3. Sabie Loper, Woodrow Wilson, 15.3; 4. Danielle Still, Bishop Eustace, 15.6; 5. Janee Sharpe, Woodrow Wilson, 15.9; 6. Annie Taft, Bishop Eustace, 16.3.

High hurdles Patriot-1. Imani Gilliam, Pennsauken, 14.2; 2. Christine Smith, Winslow Township, 15.3; 3. Alexandra Ford, Triton, 17; 4. Jess Horne, Timber Creek, 18.5.

High hurdles American-Tabitha Haskins, Shawnee, 14.7; 2. Sharon Heilig, Eastern, 15.1; 3. Andrea March, Washington Township, 15.8; 4. Krystalina Jones, Lenape, 15.9; 5. Megan Sandora, Cherokee, 16.7; 6. Jill Greenfield, Cherry Hill East, 17.5.

Intermediate hurdles-1. Andrea March, Washington Township, 1:03.4; 2. April Griffin, Pennsauken, 1:04.1; 3. Tanesha Pittman, Woodrow Wilson, 1:04.8; 4. Lauren Fike, Bishop Eustace, 1:05.6; 5. Kallyna Barkley, Eastern, 1:07.1; 6. Stephanie King, 1:07.4.

Relay-1. Eastern (Janelle Wilson, Kallyna Barkley, Brittany Wright, Jennifer Jackson), 3:54.8; 2. Winslow Township, 3:56.9; 3. Woodrow Wilson, 3:59.8; 4. Camden, 4:02.7; 5. Washington Township, 4:06.0; 6. Cherokee, 4:08.2.

Discus-1. Donna Kirk, Washington Township, 111-11; 2. Cearlira Lathan, Winslow Township, 106-6; 3. Chantel Priolo, Pennsauken, 100-5; 4. Diana Mack, Shawnee, 100-0; 5. Cahara Wellington, Cherry Hill East, 99-0; 6. Tabitha Haskins, Shawnee, 97-4.

Shot put-1. Diana Mack, Shawnee, 37-4.5; 2. Rashidat Junaid, Winslow Twp., 36-6; 3. Danielle Still, Bishop Eustace, 34-1; 4. Donna Kirk, Washington Township, 32-11.5; 5. Jen Cohen, Cherokee, 32-2.5; 6. Alicia Price, Eastern, 32-2.

Javelin-1. Danielle Still, Bishop Eustace, 126-0; 2. Brittany Slade, Eastern, 113-0; 3. Diana Mack, Shawnee, 111-9; 4. Tiffany Barbour, Lenape, 109-9; 5. Jordan Saruda, Bishop Eustace, 109-6; 6. Erin Thibault, Bishop Eustace, 108-4.

High jump-1. Abigail Campbell, Shawnee, 5-6; 2. Christina Smith, Winslow Township, 5-2; 3. Marcel Polite, Cherry Hill East, 4-10; 4. Laura Coffey, Lenape, 4-10; 5. Kelly Wurst, Bishop Eustace, 4-10; 6. Deanna Paulson, Washington Township, 4-10.

Long jump-1. Lauren Fike, Bishop Eustace, 16-8 1/2; 2. Porsche Johnson, Woodrow Wilson, 16-7 1/2; 3. Tabitha Haskins, Shawnee, 16-7 1/2; 4. Kia Davidson, Timber Creek, 16-3 1/2; 5. Sabie Loper, Woodrow Wilson, 16-1; 6. Brandi Loper, Woodrow Wilson, 16-0.

Triple jump-1. Tabitha Haskins, Shawnee, 35-3/4; 2. Kia Davidson, Timber Creek, 33-1; 3. Nicole Burns, Paul VI, 32-7; 4. Rachel Jochem, Shawnee, 32-6 1/2; 5. Allison Schilling, Triton, 32-4; 6. Kelly Wurst, Bishop Eustace, 32-3/2.

Pole vault-1. Danielle O'Reilly, Shawnee, 9-6; 2. Danielle Still, Bishop Eustace, 9-0; 3. Jennifer Schwartz, Eastern, 9-0; 4. Elyse Mitchell, Cherry Hill East, 8-6; 5. Rachel Jochem, Shawnee, 8-0; 6. Rachel Tevssier, Washington Township, 7-6.