

L-S Lands Winning Jump

By Joe Reardon/ Class A Relays

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Lincoln-Sudbury's top goal at yesterday's James Kalperis State Coaches Class A Relays was to put together a quality showing in its first big meet of the season.

The Warriors couldn't have asked for much better.

After breaking a pair of records on the track, L-S clinched the title with a first-place leap of 14 meters in the long jump. That victory, courtesy of Dana Jamieson, Jordan Chen and Larina Kleynerman, gave the Warriors 49 points, enough to edge Newton North (48) at the Reggie Lewis Center.

"A second place doesn't do it for us," L-S assistant coach Mel Gonsalves said of the trio's clutch win. "We wanted to come in and be ready for the competition. This is the hardest meet because you need a lot of depth."

L-S put together a huge win in the 4x800-meter relay (9:24.12), thanks to Jamieson (a personal-best split of 2 minutes, 15 seconds), Jessica Griffin, Emily Mephan and Molly Binder.

That triumph not only was good for 10 big points but also broke the 25-year-old meet mark of 9:31.1 set by Waltham in 1982.

"We weren't sure what we were able to do," said Jamieson, a Herald All-Scholastic in cross country. "We came out and put it all on the line."

Not done yet, that same foursome broke the meet's 4x400 relay record - also set by Waltham in 1982 (4:00.85) - with a 4:00.83. That was more than eight seconds ahead of runner-up Bridgewater-Raynham (4:08.84).

"We've known since last year if we moved Dana up (from the sprints to the middle distances), we could do something special," coach Chris Tarello said. "And after the cross country season they had, we knew we could put together a good team."