

Smith sets meet records in 100- and 200-meters

By Reuben Frank
BCT sports writer

MOORESTOWN — First, Elliott Boyce banged his head in the high jump and had to be taken to the hospital. Then Jon Johnson false started in the high hurdles and was disqualified. Then Shannon Bogan failed to make the javelin finals.

Willingboro track coach Jack Mulder watched the top seed in the high jump,

BOYS OPEN

the No. 3 seed in the hurdles, and the No. 2 seed in the javelin score zero points in the first three events of the County Open.

"I saw all that and I thought, 'This isn't going to be our day,' " Mulder said. "I'm thinking, 'What next?'"

What next? How about Lamont Smith running a meet-record 10.6 in the 100-meter dash trials? How about Smith following up with a meet-record 21.4 in the 200? How about wins from Chris Nichols in the high hurdles, Rob Douglas in the 400, and Jason Roberts in the discus?

How about a 16th straight County Open title?

"We were all really pumped up today — too pumped up," Nichols said after Willingboro won the team title at the 53rd Burlington County Open. "That's why Jon false-started — he was so anxious. And that's why Elliott jumped out of the pit. He was so fired up.

"After Lamont won the 100, we all just relaxed. Winning is contagious and once he won we all just went out and did our jobs."

Willingboro finished with a 66-47 win over Shawnee, with third-place Delran (23 points) leading a strong Freedom Division contingent.

Delran senior Andre Fisher doubled the high jump and javelin and placed second in the long jump. Maple Shade's Karahn Davis (long jump), Northern junior Paul Delisi (pole vault) and Riverside's Ron Brock (1,600) gave the Freedom five individual titles.

County Open winners

BOYS

110 HH: Nichols, W'boro	14.2
100: Smith, W'boro	10.7
1,600: Brock, Riverside	4:27.6
400: Douglas, W'boro	1:19.9
400 IH: Morris, RV	54.3
800: Tarello, Shawnee	1:55.4
200: Smith, W'boro	21.4
3,200: T-Lancaster, Shawnee	9:40.9
Relay: Willingboro	3:21.6
High jump: Fisher, Delran	6-4
Long jump: Davis, M. Shade	22-11½
Pole vault: Delisi, N. Burl	12-6
Shot: Carter, H. Cross	50-10
Discus: Roberts, W'boro	154-4
Javelin: Fisher, Delran	183-3

GIRLS

100 HH: Jones, N. Burl	16.0
100: Nash, Lenape	12.6
1,600: Melnick, Shawnee	5:28.7
400: Blaney, H. Cross	57.9
400 IH: Grey, W'boro	1:07.2
800: Blaney, H. Cross	2:16.5
200: Cooper, Pemberton	26.2
3,200: O'Neill, Shawnee	12:17.9
Relay: W'boro	4:03.1
High jump: Tokoto, M'town	5-6
Long jump: Blaney, H. Cross	16-6
Shot: Sedivi, Cherokee	37-2
Discus: Sedivi, Cherokee	115-2
Javelin: Sfrisi, H. Cross	105.8

Shawnee got firsts from junior Chris Tarello (1:55.4 in the 800) and soph Aaron Totten-Lancaster (9:40.9 in 3,200). Also collecting gold medals were Will Carter of Holy Cross (shot) and Dan Morris of Rancocas Valley (intermediates).

Willingboro, whose seniors returned early in the week from a class trip, scored in every event but the pole vault and 800, finishing with a flourish by winning the 1,600-meter relay for the fifth straight year.

"It's hard to gauge how high school athletes are going to respond after running around Florida for four days in the 90-degree heat," Mulder said. "On the track, they looked really sharp. The guys in the field, they looked a little sloppy."

In 1975, the last time Willingboro didn't win a County Open, many of the team's current sophomores were still working on getting born.

"That's quite an achievement, 16 in a row," Mulder said. "We told them, 'We like making history in this program and you've got a chance to make history here,' and they really responded."

Smith, all-group indoor and outdoor 400 champ, skipped his specialty and came up with the No. 5 100-meter dash